

Swimming Report 2022- 2023

AREA	ABILITIES	NUMBER	%
What percentage of your current Year 6 cohort perform safe self-rescue in different water-based situations?	Water Safety message: Stop and Think Stay together Float Call 999 Children should know the dangers of water locally and nationally. Learn how and why to use appropriate survival and self-rescue skills if they fall in by accident, or get into difficulty and knowing what to do if others get into trouble	13/13	100
What percentage of your current Year 6 cohort use a range of strokes effectively?	Front crawl, Backstroke and Breaststroke Children should be able to use a range of strokes, alternating on their front and back, and adapt them for a range of purposes. Swimming strokes do not have to be technically correct, but they need to be effective for the intended outcomes to be successfully achieved. Swim 15 metres using a range of strokes. Treading water using a breaststroke type leg action and sculling with hands. Assessment Changing of strokes fluently, no stopping. Head above water, body relaxed hands under water using a continuous sculling action.	13/13	100
What percentage of your current Year 6 cohort swim competently, confidently and proficiently over a distance of at least 25 metres	A continuous swim of more than 25 metres, without touching the side of the pool or pool floor. Part of the swim should be completed in deep water Strokes are as strong at the end of the swim as at the start Strokes are recognisable to an informed onlooker Swim a circuit around the pool. Swim 35 meters	13/13	100

	<p>along the length and across the width. 25 metre relay races. Perform a two-length circuit incorporating other skills. Assessment Continuous swim. Pupils choose stroke, start in water. Changing skills to stroke must be fluent, pupils competent so they are relaxed. Swim must be of at least 25 metres.</p>		
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